

TIE DYE - ACTIVITY GUIDE

Tie dyeing is a great way to express your creativity and create wearable art! In this activity we will test 2 different kinds of fabric to see which is best suited for tie dyeing. Do you think it will be cotton or polyester? Follow the steps to find out!

MATERIALS:

- a protective work surface
- a plastic bag or plastic wrap
- disposable gloves
- rubber bands
- a tie dye kit
- white fabric for dyeing (e.g., t-shirt or socks)

PROCEDURE:

Step 1: Use a protective work surface. Make sure to wear clothes comfortable to craft in!



Step 2: Prep your clothing for dyeing by getting each one a little damp. You can dip your clothing into a bucket of water or rinse it under a sink. Be sure to squeeze out the excess water.



Step 3: Lay each item flat on your protective work surface.



Step 4: To create a spiral pattern, twist your fabric into a spiral by pinching the center and folding the edges around itself. Secure with rubber bands. Repeat this step with each item you'd like to tie dye.



Step 5: Now, follow the directions on your tie-dye kit to get ready to dye your fabric! Wear your rubber gloves for this step and dye your items however you'd like. Once you've saturated each item with dye, turn it over and dye the back side as well.



Step 6: Place your dyed items into individual gallon-sized plastic bags. Label your plastic bags so you know which fabric is in which bag.



Step 7: Let your items sit overnight or for at least 12 hours. This will allow the dye to fully soak into the fibers of your clothing.



Step 8: Now, remove each item of clothing from its plastic bag. Rinse the items under warm water. You'll know you've rinsed enough once the water starts running clear.



Step 9: Remove the rubber bands to reveal your dye pattern.



Step 10: With the assistance of an adult, wash the items on the warm setting in a washing machine. Be sure not to use any detergents or soap.



Step 11: You can now either air dry your items or use a machine dryer, and enjoy your creations!

