

Hope Givers

GEORGIA HEALTH STANDARDS GUIDE SEASON ONE

1. EPISODE ONE - MR. 2-17 (EP 1)

Georgia HE Standards:

HEHS.1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

- c. Analyze how the environment and personal health are interrelated.
- e. Propose ways to reduce or prevent injuries and health problems.

HEHS.5: Students will demonstrate the ability to use decision-making skills to enhance health.

- b. Develop and apply a decision-making process to a health-related situation.
- f. Explain how decisions can negatively and positively impact personal health and well-being.

HEHS.6: Students will demonstrate the ability to use goal-setting skills to enhance health.

- b. Develop a personal health action plan to address health goals.
- c. Analyze barriers and solutions to achieving health goals.

HEHS.7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

- b. Choose and implement a variety of healthy practices and behaviors that will consistently maintain or improve health.
- c. Model behaviors to avoid or reduce health risks to self and/or others

HEHS.8: Students will demonstrate the ability to advocate for personal, family, and community health.

- b. Model strategies to influence and support others to make positive health choices.
- c. Coordinate with others to advocate for improving personal, family, and community health.
- d. Create health messages and communication techniques to target specific audiences.

2. EPISODE TWO - JAE & RACHEL (EP 2)

HE7.4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

b. Demonstrate effective conflict management or resolution strategies and model refusal and negotiation skills that avoid or reduce health risks.

HE7.5: Students will demonstrate the ability to use decision-making skills to enhance health.

a. Describe situations that can help or hinder making a healthy decision and identify situations where making those decisions are more likely to occur.

HE7.7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health.

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b. Create personal examples of healthy behaviors that will maintain or improve the health of self and/or others.

HE7.8: Students will demonstrate the ability to advocate for personal, family, and community health.

3. EPISODE THREE - LILY (EP 3)

Georgia HE Standards:

HE7.4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

b. Demonstrate effective conflict management or resolution strategies and model refusal and negotiation skills that avoid or reduce health risks.

HE 7.5: Students will demonstrate the ability to use decision-making skills to enhance health.

a. Describe situations that can help or hinder making a healthy decision and identify situations where making those decisions are more likely to occur.

HE7.7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks

b. Create personal examples of healthy behaviors that will maintain or improve the health of self and/or others.

HE7.8: Students will demonstrate the ability to advocate for personal, family, and community health.

4. EPISODE FOUR - GIOVAN (EP 4)

Georgia HE Standards:

HEHS.2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

- a. Analyze how the family, culture, and environment influence the health of individuals.
- b. Analyze how peers influence healthy and unhealthy behaviors.

HEHS.4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

- a. Demonstrate effective communication with family, peers, and others to enhance health.
- c. Demonstrate how to ask for and offer assistance to enhance the health of self and others.

HEHS.5: Students will demonstrate the ability to use decision-making skills to enhance health.

- e. Analyze the potential short-term and long-term impact of each decision on self and others.

HEHS.7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks

- c. Model behaviors to avoid or reduce health risks to self and/or others.

EPISODE 5: MARK (EP 5)

Georgia HE Standards:

HE6.6. Students will demonstrate the ability to use goal-setting skills to enhance health

- c. Develop a plan to achieve a personal health goal.

HE6.6. Students will demonstrate the ability to use goal-setting skills to enhance health

- d. Explain how personal health goals can vary with changing priorities.

HE6.8. Students will demonstrate the ability to advocate for personal, family, and community health.

- b. Identify strategies that will support others in positive choices regarding their health.

HE6.8. Students will demonstrate the ability to advocate for personal, family, and community health.

- c: Collaborate with others to advocate for healthy lifestyles and/or choices.

EPISODE 6 - ALEX (EP 6)

Georgia HE Standards:

HE7.4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

- b. Demonstrate effective conflict management or resolution strategies and model refusal and negotiation skills that avoid or reduce health risks.

HE7.5: Students will demonstrate the ability to use decision-making skills to enhance health.

- a. Describe situations that can help or hinder making a healthy decision and identify situations where making those decisions are more likely to occur.

HE7.7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

- b. Create personal examples of healthy behaviors that will maintain or improve the health of self and/or others.

HE7.8: Students will demonstrate the ability to advocate for personal, family, and community health.

EPISODE 7 - BRANDON (EP 7)

Georgia HE Standards:

HE7.1. Students will comprehend concepts related to health promotion and disease prevention to enhance health.

b. Describe the interrelationship of emotional, social, and physical health in adolescence

HE7.3. Students will demonstrate the ability to access valid information and products and services to enhance health.

d. Describe circumstances that may require professional health services and resources

HE7.4. Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

a. Apply effective verbal and nonverbal communication skills to enhance personal health and well-being

HE7.7 Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risk.

b. Create personal examples of health behaviors that will maintain or improve the health of self and/or others

HE7.8. Students will demonstrate the ability to advocate for personal, family, and community health

b. Demonstrate strategies that influence and support others to make positive health choices

EPISODE 8 - KEVIN (EP 8)

Georgia HE Standards:

HE8.4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

d. Model how to ask for assistance to enhance the health of self and others.

HE8.7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

c. Analyze and apply behaviors that eliminate or reduce health risks to self and/or others

HE8.8: Students will demonstrate the ability to advocate for personal, family, and community health.

b. Design strategies that will influence and support others to make positive health choices.