



The world is full of possibilities and so are your students! Inspire their curiosity each day with the activities, printables, and videos below. Create "anytime" moments of playful learning with resources from pbslearningmedia.org, pbskids.org, and the PBS KIDS Video app.

THEME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All About Emotions	29 Back-to-School Collection Find a range of videos and activities to help your students take the big step into the classroom.	30 PBS KIDS Classroom Posters Print posters including a feelings chart, routines checklist and more!	31	Printable Packets Support social-emotional learning at home with packets for PreK-K or grades 1-2.	Use Your Words and Say How You Feel Daniel Tiger and his friends sing about letting others know how they feel.	Family Night Invite families to enjoy time together with their pals Curious George and Sid the Science Kid.	4 You Time Set some positive intentions. Write (or doodle) about your hopes for the new school year.
My Family and Me	Encouragement Flags Encourage students to keep trying, just like Donkey Hodie.	PBS KIDS Talk About: Race & Racism Families talk about how we can all build a more equitable society.	7 Self-Awareness This video explains how children develop self-awareness, the foundation of SEL.	Printable Packets Celebrate what makes families special with activities for PreK-K or grades 1-2.	9	10 Family Night Families can enjoy "Arthur's First Day" as he begins Fourth Grade!	Happy to Be Me Big Bird is tall and yellow, and he's happy to be the way he is! This song focuses on self-pride.
Healthy Me	What is Coronavirus? A doctor explains the Coronavirus and how children can be good helpers.	Healthy Habits Children demonstrate covering their mouths when they sneeze and washing hands.	14	15 Guided Mindfulness Exercise Take five minutes to enjoy a short guided meditation.	Twenty-Second Nursery Rhymes Help your students practice healthy handwashing routines.	17 Printable Packets Support healthy habits at home with activities for PreK-K or grades 1-2.	18 You Time Celebrate you! Put on your favorite song and throw a five-minute dance party.
Caring for Each Other	19 Demonstrating Empathy and Perseverance Explore creative ways to weave SEL into your classroom.	20 Friendship Daniel Tiger learns how to be a friend, compromise, and work together to solve a problem.	21 Affirming Identities, The Content We Teach Reflect on stories being told in your class, who is telling them, and why.	Printable Packets Send home activities for PreK-K or grades 1-2 to help children learn how they care for others.	23	24 So Funny I Forgot to Laugh Explore the topic of empathy with Arthur in this interactive comic.	25 You Time Call a friend and share one way your students surprised you this week.
Being Kind	26 Teaching with Tunes Collection Find new music to	27 Shared Responsibility Mister Rogers reminds us we are all helpers and	28 Relationship Skills How can you help students develop their	29	30 Come and Play Sing and talk about how to include someone who	Kind Acts Bingo Classroom kindness challenge! How many can	You Time Deep breaths can help calm the body. Take three





integrate into your

classroom.



community.

important members of our



communication and

cooperation skills?





might be feeling left out.



and remind yourself,

you've got this.

your students complete?