Episode 210: “Till Mama Bear Sings” - Activity 40

Working in the kitchen and/or pantry with your child, identify food items that you and your child can name in Spanish. Examples of foods include: manzanas/apples; bananas/ bananas; leche/milk; chocolate/chocolate; papas/potatoes; café/coffee; uvas/grapes; tomates/tomatoes; pizza/pizza; galletas/cookies; pastel/cake; dulces/ hard candies; caramelos/candies; papas fritas/french fries; hamburguesas/hamburgers; sopa/soup; helado/ice cream. Extend the activity by collecting empty food containers for the items that you and your child can name in Spanish. Use the containers for play in the child’s kitchen/home living center or to create a food container sculpture. Further extend the activity by counting, in Spanish, the number of each type of the items found in the pantry. Try combining a numerical description with the item type identified (e.g., quince dulces, tres sopas, cuatro bananas.)