Episode 128: “The Great Ice Cream Robbery” - Activity 28

Have your child devise a search for determining how “el helado” is made and follow his/her plan to discover the ingredients and how they are combined to form cold, solid ice cream. Extend the activity by making “el helado” in an old-fashioned crank ice cream machine. Be sure to encourage observation, note-taking, and discussion about the changes that occur in the ingredients as the ice cream is processed. Your child should be encouraged to keep a running journal of the changes that are observed. Extend the activity by having your child search out additional ice cream recipes. Compare various recipes and their ingredients. Look for and discuss similarities and differences in the recipes. Have your child research to discover the purpose of rock salt in processing homemade ice cream.