THE LEGEND OF
MOUNT ST. HELENS

By
Aanika Das
Long ago in Florida, there lived an orphan child Helens, who dreamed of her forever home.
Helens lived alone in the woods. One day she came across a magic dog. She instantly fell in love with the dog and adopted him. She named him ‘Hope’, for the hope he gave her, and decided to move to Washington.
Helens and Hope started traveling, resting whenever they could. Soon they came to a Tennessee village, but had no money for food. Starving, they looked around when they spotted a wishing well! Wasting no time, they jumped in, coming out with 17 gold coins!
They bought food for both, and continued their journey.
After ten days they stopped at a Missouri village. Since their legs were aching, they bought a horse, with the last of their money. Helens rode her horse Rafacka, while Hope ran along.
One day Hope and Rafacka were running, when Hope saw an old man sobbing in front of a cottage. Hope tugged Helens and Rafacka towards the cottage. Helens greeted the old man, asking him why he was sad. The old man, whose name was Talak, said he needed a horse to work or he would lose everything he loved. Talak asked if he could have Rafacka, and he
would love and take care of him. Helens sadly agreed and Rafacka neighed in approval of her sacrifice. Helens and Hope left cherishing memories of Talak and Rafacka.
But soon there was trouble! Helens fell into an enormous thornbush pit! Hope started whining as trapped Helens started to die. They had finally reached Washington only for Helens to die a slow painful death!

While Hope was crying, a beautiful mountain formed by his tears and Helen’s body grew around him. Hope went into a
deep sleep with Helen’s soul protecting him. They would never be separated again! Years later, when people stopped caring about the land, angry Helens erupted, causing destruction everywhere!
Centuries later, this beautiful mountain became known for its dramatic volcanic eruptions. This is the legend of Mt. St. Helens!