

Episode 202: "The Monster is Angry" - Activity 32

Work with your child to develop a list that describes times when he/she feels angry (enojado), happy (contento), sad (triste), and afraid (tengo miedo). You may want to organize the list as suggested below. Using the list of items, ask your child to respond to the situation using an appropriate phrase, such as *estoy triste* (I'm sad), *estoy contento* (I'm happy - if child is male) or *estoy contenta* (I'm happy - if child is female); and *tengo miedo* (I'm afraid). Encourage your child to demonstrate the emotion felt for each of the items on the list, using facial expression and body language, as they respond with the appropriate phrase. To extend the activity (for First and Second Grade age children), you can briefly discuss that the items in the chart are written phrases instead of complete sentences. You may want to discuss with your child how the phrases could be turned into complete sentences.

Estoy triste	Estoy contento/a	Estoy enojado/a	Tengo miedo
when I fell down and skinned my knee.	when I ride my bike	when Susan knocked down the house that I built with blocks	when my Dad turned out the light in my bedroom
when I had to leave my dog in boarding for a week	when I play with my friends	when my little brother used my new crayons without asking me	when I couldn't find my Mom in the store

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