

**GEORGIA TRAVELER 203**  
**CAPTION SCRIPT**

**Music**

**David:**

On this episode of Georgia Traveler, we're driving in northwest Georgia.

**Keely:**

Looking for outdoor adventure, family fun, great getaways, and a local legend.

**Phil:**

We're gonna start here in Ringgold at the Georgia Visitors Information Center.

**Music**

**Music**

On the road most every day, looking for a place where you can play, looking for the best place you can stay. From the mountains to the coast, looking for a trip you'll like the most, we may even find a friendly ghost, we're Georgia Traveler. Well, we're from Georgia and we travel, that's why we call it Georgia Traveler, and nothing rhymes with Georgia Traveler, but still we're called the Georgia Traveler.

**Music**

**Woman VO:**

Georgia Traveler is made possible in part by...

**Music**

**Man VO:**

Few places on earth match Georgia for natural beauty, and we plan to keep it that way. We're Georgia Power, a proud sponsor of public broadcasting. We're on, so you can be. Georgia Power, a Southern Company.

**Music**

**Woman VO:**

And by supporters of Georgia Public Broadcasting. Thank you.

**Music**

**Keely:**

I'm here with my new friend, Teresa, she's manager of the Visitors Information Center. And, Teresa, we're looking for a scenic drive in the area. Do you have any recommendations?

**Teresa:**

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Well, Keely, there's so many beautiful places in north Georgia, it's hard to pick just one, but U-S 27 would make for a good trip.

**Keely:**

Okay, great. Well I think the first thing we'd like to do is enjoy the great outdoors. So where would you send us?

**Teresa:**

If you're feeling adventurous, the Lookout Mountain Flight Park is in that area.

**Keely:**

Okay, flight park. What kind of flying are we talking about?

**Teresa:**

They've been teaching people to hang glide since 1978.

**Phil:**

Awesome! That sounds fun.

**Music**

**Dan Zink:**

The ordinary person loves to hang glide because most people have always dreamed of flying, like a hawk or an eagle. Man has dreamed of doing that for centuries. Even Leonardo da Vinci was trying to invent a hang glider slash airplane. Now after all these centuries and centuries, we have the ability just to do that. I think everyone should try to take advantage of it.

**Music**

**Keely:**

The first step in hang gliding is getting the proper training.

**Music**

**David:**

Knowing that we can't possibly learn how to fly by ourselves in a single day, we opt for tandem flights. An instructor will take each of us up in a glider after we learn the basics.

**Phil:**

We headed for the training hills. First stop: suiting up with the proper equipment.

**Music**

**Trevor Childress:**

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So, these are your shoulder straps right here, step through. These are your leg loops down here. You wanna make sure your legs go through the leg loops. And you pull it up like a dress or a pair of overalls.

**Phil:**

Do you have something in a 36?

**Phil VO:**

Although there are gliders out there that can accommodate, ahem, a full grown man, say, like me...

**Phil:**

They didn't really make these for large size people.

**Phil VO:**

...tandem flight passengers are limited to 250 pounds.

**Phil:**

I'm gonna go jog a couple of miles; I think I can probably work my way into this.

**David:**

Yeah!

**Phil:**

And I'll come back, because I really feel like I can do this. Five and ten pounds? Okay. Just to let you know, big dudes, we can do this, okay, but we may have to go and burn off a few pounds. You guys go ahead with the class; I'm gonna go ahead and jog a little bit to see if I can get this done...

**Phil VO:**

Anyone weighing more than 225 pounds might also require some special scheduling, so, be sure and plan in advance. In case you're wondering, there is no weight minimum for the Discovery tandem flight.

**Music**

**Trevor:**

If I teach you one thing today and you remember it this is it. All that you have to do is relax. That's the number one key, alright? We're out here to have fun and relax, and this is pretty much it. I'm gonna show you how simple it is to fly this glider, and the fact that all it wants to do is fly, alright?

**Music**

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**Gordon Cayce:**

Use hips to hands. Think about getting those hips to the hand, or lead with the feet.

**Keely:**

Okay.

**Gordon Cayce:**

Alright. Before it turns into a big turn, you're making a quick correction.

**Keely VO:**

Just as we were wrapping up on the training hills, a storm moved in.

**David VO:**

But we were determined to fly and soon; our patience was rewarded.

**Trevor:**

And then you're gonna sign and then date. And then you're gonna rip off this bottom portion. This is your license to fly.

**Keely:**

I'm excited!

**Trevor:**

You should be; it's awesome!

**Keely:**

I am! I love birds!

**Trevor:**

Y'all have been waiting so patiently.

**Dan Zink:**

As long as you hold onto me, we got nothing to worry about.

**Keely:**

Okay.

**Dan Zink**

Lookout Mountain Flight Park took hold as a hang gliding hub, the largest in the world, because the long ridge that cuts through here, that's Lookout Mountain, faces northwest, and so it's very common after a front comes through for the wind to blow for two, three, four days from the northwest, it's the predominant wind. And it hits, the air hits the mountain and has to get up over the mountain, so it creates this wave of air, and basically what we do is we surf the wave, and

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since it's a very long ridge, Lookout Mountain, we can surf the wave for miles and miles and miles. And so Lookout Mountain became very unique for hang gliding for that reason, and also it's just so pretty. You know, you can fly out west, but it's nowhere near as pretty as it is looking down on this green valley. So it became popular because of that, and Georgia has just been so welcoming to it. For some reason Georgia just seems like it's got adventurous people, and they support this kind of place.

**Keely:**

That was a lot of fun!

**Dan Zink:**

She's a great pilot!

**Dan Zink:**

The hardest part is the first step, to say I want to do it. But once they have that part done, the flying itself as you know is not very hard to do. It's just a matter of relaxing and having a good time. It doesn't take any special skills, doesn't take any special strength. We have all sorts of people doing tandem flights with us. And then people taking lessons, we've had people well into their 70s taking lessons and we've had kids 10 years old taking lessons. I plan on flying when I'm 80. There's no reason that you should ever get hurt in this sport. And there's no reason why you can't do it when you're 80, because there's nothing extreme physically about it.

**David:**

So what was it like taking Keely and me up today?

**Dan Zink:**

Oh, it was a blast! You guys both did outstanding; I can't say that enough. You both were really, really fun, so I enjoyed having you. But just the excitement you guys felt, and everyone gets the same thing.

**04:25:20**

**Dan Zink:**

Excellent, man!

**David:**

Thank-you so much!

**Dan Zink:**

Nice job! That was wonderful!

**David:**

I loved it, I loved it!

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**Music**

**David:**

When traveling on U-S 27 south towards Rome, where's a great place for us to stop and explore?

**Teresa:**

Zion Farms is an interesting place. It's about half way between Summerville and Rome.

**David:**

That sounds like a great place for some family fun!

**Music**

**Keely VO:**

Just North of Rome is Big Texas Valley, home of Zion Farms. It's an equestrian center, a summer camp, a bed and breakfast, and a special events facility. But the mission and focus of Zion Farms has always been young people.

**Rena Cooper-Webb:**

We don't do anything here that I wouldn't love to do myself. But really the main thing people come here for is the country air and the horses.

**Keely VO:**

And that is what I'm here for too.

**Erin Condon:**

Have you ever had much riding experience before?

**Keely:**

You know, just summer camps, like what you guys do, but that was a long time ago.

**Music**

**Erin Condon:**

Well, this is Chigger. And chigger is a very flexible horse. He goes both English and Western, which is what we have him in now. He learns, or rather he guides by direct reining. When we are riding Chigger, we have a rein in each hand.

**Keely:**

Okay.

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And our right hand controls our right side turns, and our left hand controls turns to the left. Left hand, other left. There you go. And now your left foot, yep, is gonna go right in there. And then up, and swing your right leg on up.

**Music**

**Erin:**

If he goes anywhere, you pull back towards your hips and you say, "whoa," in your deepest, sternest mom voice.

**Keely:**

Whoa...

**Music**

**Keely:**

Zion Farms operates 10 weeks of summer camp for riders of all levels and experiences. From beginners or "foxes," to "hounds" and to "hunters", the riders with the most experience.

**Music**

**Nikki Heath:**

Zion Farms as a whole is just a place that you come here and it automatically feels like home. It's somewhere the kids can come and they can be themselves for the week. They get to bond with a horse, bond with a counselor, make new friends, and it's just awesome.

**Rena Cooper-Webb:**

We pull kids from all over the country, from really Connecticut to California and all in between. So kids that are horse crazy, you know that have the passion to be with the horses and ride, and be with kids that enjoy and love the same sport they do.

**Keely VO:**

And as a formerly horse crazy kid myself, I'm ecstatic to be out here on the trails with Chigger.

**Music**

**Erin Condon:**

It's been a few weeks since we've been back in here, because my last 10 weeks have been taken up with summer camp.

**Keely:**

Right.

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**Erin Condon:**

I'm, I guess I'm the Acting Associate Director of the camp, and then also the stable manager.

**Keely VO:**

Not all horseback riding needs to be by children. Mother/daughter camps and father/son camps are also available at Zion Farms. As well, as guided rides like the one I've been treated to, although you'll need a minimum of two riders to sign up.

**Erin Condon:**

We have enough trails around this place to keep you lost for hours. We offer two or three-hour trail rides. And three-hour trail rides include picnic lunches, of course.

**Music**

**Erin Condon:**

What we're coming up on, this would be Hammond Pond, and again, that's named after Rena's side of the family. And then in front of us you'll see her daughter, Rena Cooper-Webb's house. Now, her house, I understand, started as her playhouse when she was just a kid. And they kind of took the playhouse, turned it into her bedroom, and built the rest of this house up around it.

**Keely:**

That's awesome!

**Erin Condon:**

And it really is awesome. It has such a little picturesque, gingerbread quality to it. I love it; everybody here loves it. And that's Costly. Hi, Costly! Costly is an ex-racehorse. She's a thoroughbred racer.

**Keely:**

That's why she's Costly?

**Erin Condon:**

Yep!

**Keely:**

Hey, Costly! You got so dirty; I saw you getting brushed off earlier.

**Music**

**Keely VO:**

Accommodations at Zion Farms include several charming cottages, renovated from the original stables of the property.

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**Music**

**Keely VO:**

A chef-prepared breakfast is offered each morning at 9 AM.

**Rena Cooper-Webb:**

When a family comes to Zion Farms they can customize what they want to do for the weekend. They can do riding lessons, of course. While the parents are here they can arrange for spa treatments and they have technicians that come right into their cottage. A lot of girls come and do like girls' weekends; guys' weekends. We have special weekends where we do culinary classes and wine tasting classes where they're taught how to combine the wines with the foods and all of it really in a very rustic, but elegant setting.

**Rena Cooper:**

We've had people from 14 different countries here. It's been a variety of people that has really enriched our lives and I believe theirs as well.

**Keely VO:**

If your aim is family fun or a family retreat, there is nothing like enjoying the country life of Zion Farms.

**Rena Cooper:**

We've always had people here. That's what it was all about is to have a place, is to have a place. I mean, we don't need a place like this, but it's for the people that come.

**Keely:**

That was great, thanks for the tour!

**Erin Condon:**

Anytime, Keely.

**Keely:**

It was awesome!

**Music**

**Phil:**

If you're looking for a great getaway along U-S 27, you might try Cave Spring. Now it's a mineral spring located right in the center of town.

**Music**

**Keely VO:**

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Established in 1832, the town of Cave Spring retains the charm and pace of an earlier time. Just outside of downtown is Rolater Park, 29 acres of beautiful land and historic buildings. The perfect place for community recreation, historic preservation, and a great getaway. Our destination: the Hearn Inn.

**Music**

**Emmalee Highnote:**

It was part of the old Hearn Academy. It was first named the Baptist Manual Labor School, and then became later the Hearn Academy, and this building was one of the dorms for the school, which was situated here in Rolater Park. Our first and only woman mayor of Cave Spring, she had a vision for this park, and she could see that we needed to work to save the school buildings.

**Keely VO:**

After painstaking restoration by the Cave Spring Historical Society, the Hearn Inn now operates as a bed and breakfast.

**Music**

**Emmalee Highnote:**

We have five rooms that are available. We have three baths, two full baths, and a half bath, and there's also a living room that's a sun porch. There's a kitchen upstairs and downstairs. It's in a park; they feel like they've gone back in time, is what they say. They love it and they, we have many people who keep coming back.

**Music**

**Winifred Morrow:**

I think this is worth coming to see just because of the history. You can sit on the porch and rock and enjoy the park. The different seasons in the park are really special, the creek. People are friendly; that's what you can expect.

**Keely:**

Did you guys grow up playing in the creek?

**Emmalee and Winifred:**

Yes!

**Music**

**Keely:**

Right in the middle of Rolater Park is Cave Spring, and for just a dollar, you can by a tour of this unique natural feature.

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**Music**

**Emmalee Highnote:**

We have a wonderful cave here; it's a natural limestone cave. And in the back of the cave is a wonderful spring that puts out three to four million gallons of water a day. It serves the people of Cave Spring; the surrounding areas. Some water is piped to Rome. It is wonderful, good, pure water.

**Keely:**

Let's try it. Well, it's cold and fresh; tastes good!

**Music**

**Keely VO:**

Refreshing water and natural beauty are only some of the reasons to visit Cave Spring.

**Emmalee Highnote:**

We have a lot of antique shops; gifts shops. We have some wonderful restaurants. It's a good place, it's a quiet place, but it's a wonderful place. And we have a lot of, a lot of picnic areas here in the park, so it's just a great place to come and spend the weekend longer, and swim and picnic, and go in the cave, and visit shops in town.

**Winifred Morrow:**

It's just the right distance to drive and enjoy the day; enjoy the staying over night. This is just a beautiful place.

**Emmalee Highnote:**

It has a natural splendor to the little town, and I think it's taken an effort though the years to keep it that way, as it was, and to preserve it.

**Music**

**David:**

As we travel along U-S 27 looking for a Local Legend, we come across a tradition, Shape Note Singing, also known as Sacred Harp.

**Music**

**Phil VO:**

Throughout Appalachia, there is a special style of singing that has something to do with shaped notes. To find out more, I decided to check out the annual Chattahoochee Sacred Harp Convention.

**Phil:**

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Okay, it's no secret, everybody knows, I enjoy eating. But there's something else I enjoy as much, and that's playing my bass guitar. I never learned how to read music, and I play by ear. Well, I'm down at the Wilson Chapel in Carrollton where there's a style of music called shape note singing that basically says, you don't have to know how to read music to sing.

### **Singing**

#### **Phil VO:**

Shape note singing is also known as Sacred Harp after the song book that is used. It relies on certain shapes to indicate pitches to singers instead of traditional round notes.

#### **Richard DeLong:**

There are seven tones, and the eighth tone is back to the octave. But we're using the old English scale which is "fa, so, la, fa, so, la, mi, fa," to complete the octave.

#### **Phil VO:**

So the mystery of the funny looking notes is solved, but I still wanted to find out why people learn to sing this way...

#### **Kiri Miller:**

Shape Note notation is a system for teaching people to read music that was developed at the very end of the 18<sup>th</sup> Century. The shapes are there to help you remember which syllable goes to which note. And the idea is that you gradually just develop more facility with reading music that you've never seen before using this system. It was a very effective system for teaching people to read music.

#### **Phil:**

How did what's called the Sacred Harp Book come together?

#### **Kiri Miller:**

Sure. The Sacred Harp was put together by a couple of Georgia singers. It was published first in 1844 and it contained songs from early America, from colonial days.

### **Singing**

#### **Phil VO:**

Even though many of these songs are a couple of hundred years old, a few have remained popular even up to modern times...

#### **Charles Woods:**

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This is the first time this tune appeared in a book. "Amazing Grace" appeared in 1829, and even though the words had been written in 1779. So this is the original version of the song,

**Phil:**

Oh, okay.

**Charles Woods:**

Original key, the original style in the shape notes; the whole works.

Congregation sings "Amazing Grace"

**Richard DeLong:**

Now you won't hear another version of "Amazing Grace" anything like that.

**Phil:**

Can I give y'all a hand? Y'all did phenomenal, that is beautiful! You know, and I realize one thing, I'm in the way. Thank-you, I appreciate you guys so much. Thank-you.

**Man:**

It's more like surround sound.

**Phil:**

Yeah, I was surrounded by some good sound. I realize this is not something that I do well. So I'm gonna sit back here...

**Charles Woods:**

You did fine!

**Phil VO:**

In-between singing and leading songs, I had the opportunity to visit the Sacred Harp museum, which is also located in Carrollton. The museum's collection features rare editions of early songbooks as well as historical documents dealing with the Chattahoochee Sacred Harp Convention. Sacred Harp singers have a deep appreciation of history, but they also realize that it is essential to pass the tradition on, as I found out from a Shape Note family.

**Phil:**

What is your association with the Wilson Chapel?

**Lori Goode:**

Well, my mom was a Wilson, and this was my great-great grandfather's, he built the church. And my grandfather, Henry Wilson, sang here, he sang bass. And

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I've been coming here since I was a little baby. I just love it and, I try to pass it down to my little child.

**Phil:**

Okay, so Lori, there's just one thing I really want to know, tell me about the tradition of the picnic lunch.

**Lori:**

Well, it's some of the best southern food around. There are a lot of wonderful southern cooks here. And it's just a tradition that they always do. You always have you break at lunch and eat on the grounds.

**Phil:**

Y'all know it had to get to be this time, time to eat. I had a great time down here in Carrollton. You know, good food, some singing, got a chance to visit the museum. There's a lot going on down here. If you haven't had a chance to experience Shape Note singing, you really oughtta try it. But you know what? It's not the only thing going on in Carrollton.

**Music**

**Keely:**

After this trip, these guys are gonna be pretty hungry. Well, I know a place where they can feed their minds as well as their bodies. There's the Corner Café, which is the oldest restaurant in Carrollton. And across the square is Horton's Books, the oldest bookstore in all of Georgia.

**Music**

**David VO:**

Tucked away in the corner of Carrollton's bustling town square is none other than the Corner Café. The name may be simple, but the sandwiches inside are anything but.

**Customer:**

I'm eating a Deluxe Turkey!

**Chris Duffey:**

We have really unique sandwiches. That's what we're known for. We give 'em quirky names, which people seem to really enjoy that. Jelly Fish is one really popular sandwich. There's no jelly fish in there, but it's a chicken breast with bacon and tomatoes, and onions and cream cheese, and Monterrey Jack cheese, and they're all, all our sandwiches are baked in a pizza oven, so they're all hot.

**Employee:**

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The best bread in town. You gotta come and try it.

**Jonathan Dorsey:**

The Corner Café is the oldest restaurant on the square. Chris has really developed a unique identity with the Corner Café. And those sandwiches, man, they can't be beat.

**David:**

And if you're wondering why the Corner Café has been around so long, here's one good reason.

**Music**

**Jonathan Dorsey:**

It has spurred an awful lot of growth around the square, and downtown in general. Another restaurant opened, then another restaurant opened, another restaurant opened. And we have galleries down here, and we have shops and all that are all developing sort of a new age of the downtown area. And so much of it came from the Corner Café and its success.

**Music**

**David:**

After eating at the oldest restaurant in Carrollton square, you may want to head to the oldest bookstore on the square. Actually Horton's Books and Gifts is the oldest bookstore in all of Georgia. And while you're here you may want to say hi to the resident ghost, Mary Melinda. How you doing, Mary?

**Mary Melinda:**

I'm fine.

**David:**

Yeah, so what you reading?

**Mary Melinda:**

Shhh!

**David:**

Oh, yeah, yeah. Of course.

**Dorothy Pittman:**

We have a ghost, and we call her Mary Melinda. Mary Melinda was the first wife of N.A. Horton. She stays downstairs. She's not malevolent, but she does move things around. And we've had customers who have experienced her actually moving things while they're down there.

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**David:**

She's done a good job keeping the Barnes & Nobles away from here.

**Dorothy:**

Yes, she has!

**Jonathan Dorsey:**

Most of your bigger chain bookstores don't have ghosts and they don't have Chloe the cat either. They're two of our more famous downtown residents, and they both live at Horton's.

**Music**

**Dorothy Pittman:**

We were founded in 1892, so I sent all the information to the American Booksellers, and when they celebrated their 100<sup>th</sup> anniversary in 2000, they sent out a list of the bookstores that were over 100 in the United States. And we were in that list; we were number 9, and we were the only one in Georgia, so we knew we were the oldest bookstore in Georgia!

**David VO:**

So whether you are up for stimulating the mind with a good book, or just your taste buds with a superb sandwich, the town square in Carrollton, Georgia, can offer both and a whole lot more.

**Music**

**Mary Melinda:**

Growl!

**Music**

**David:**

Our thanks to Teresa and all our new friends here at the Visitor Information Center.

**Keely:**

And thank-you for joining us on our journey down U-S 27 in northwest Georgia.

**Phil:**

We hope you'll join us again for Georgia Traveler. Until then, I'm Phil Proctor...

**David:**

I'm David Zelski...

**Keely:**

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And I'm Keely Muse, wishing you pleasant journeys.

**Music**

**Woman VO:**

Georgia traveler is made possible in part by...

**Music**

**Man VO:**

Few places on earth match Georgia for natural beauty, and we plan to keep it that way. We're Georgia Power, a proud sponsor of public broadcasting. We're on, so you can be. Georgia Power, a Southern Company.

**Music**

**Woman VO:**

And by supporters of Georgia Public Broadcasting. Thank you.

**Music**

**Man VO:**

Georgia Traveler is produced in partnership with the Georgia Department of Economic Development and the Georgia Tourism Foundation.

**Music**

**Man VO:**

This has been a production of Georgia Public Broadcasting.