



Make Ice Cream!

Summer is the best time for a cool treat, and wouldn't you know, Delete's favorite treat is ice cream! Use this easy recipe to make your very own ice cream at home.

Delete's Favorite Ice Cream

Ingredients

(makes 1-2 servings)

- 1/2 cup half-and-half
- 1 tablespoon sugar
- 1/4 teaspoon vanilla
- 1 sandwich-size zipper bag
- 1 gallon-size zipper bag
- 3 cups crushed ice
- 1/3 cup rock salt (or sea salt)

Directions

- 1 Put first 3 ingredients in the smaller zipper bag and seal bag. (Make sure it is tightly closed!) Put ice and rock salt in the larger bag and then drop in small bag. Seal the large bag.
- 2 Squeeze, shake, and roll the smaller bag within the larger bag until the ingredients have thickened, about 10-15 minutes.
- 3 Remove small bag, unseal it, and eat with spoon.
- 4 Yum!

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