

MAKE YOUR OWN PEANUT BUTTER!

| Name: | |
|-------|--|
| Date: | |

www.gpb.org/peanuts

DISCLAIMER: This activity involves peanuts and should be conducted with the help of an adult. Please avoid this activity if anyone has a peanut allergy.

DO THE MATH!

| How many peanuts do you think it takes to make one 12 ounce jar of peanut butter? Explain how you of | came up with your |
|--|-------------------|
| estimation. | |

MATERIALS NEEDED:

- Food processor or blender
- Jar with lid
- 4 cups roasted peanuts, shelled
- 2 tablespoons vegetable oil (canola or olive oil can be also used)
- 1 teaspoon salt
- 1 teaspoon sugar
- Optional: preferred additional flavors (i.e., honey or vanilla)

INSRUCTIONS:

- 1. Add the peanuts and 1 tablespoon of oil to the food processor or blender.
- 2. Slowly pulse the processor or blender on low.
- 3. Taste the peanut butter and determine if anything needs to be added.
 - a. Oil makes it smoother.
 - b. Sugar makes it sweeter.
 - c. Salt makes it saltier.
- 4. After adding any additional ingredients, continue to pulse the food processor or blender on low.
- 5. Continue to taste and add ingredients as necessary.
- 6. Once the peanut butter has reached a taste and consistency you are happy with, it's ready to eat!
- 7. Store the leftover peanut butter in a closed jar in the refrigerator.

WRITE ABOUT IT!

In one or two sentences, describe how the scientific method was applied when peanut butter was invented.





